

# Farmborough Road Public School Newsletter

TERM 3 WEEK 9 2018

PHONE: 4271 1133

## FAMILY MOVIE NIGHT FRIDAY 2<sup>ND</sup> NOVEMBER

*Dinner from 6pm Movie from 7pm*

*Tickets on sale at the office now!*



P & C Dates:  
Term 4  
Tuesday, 30<sup>th</sup> October  
Tuesday, 27<sup>th</sup>  
November (AGM)

**Onward  
And  
Upward**

### For Your Calendar

20/09	Parents as Teachers and Classroom Helps (PaTCH) – 9:15am
21/09	Symbio Zoo Excursion
21/09	PSSA Gala Day – Dragon Tag
27/09	Writer's Luncheon
27/09	Open Classroom – Stage 1 (2pm) and Stage 2 (2:30pm)
28/09	Crazy Camel Orders DUE
28/09	Walkathon

**Assembly Dates**  
**Every 2nd Friday –**  
**12:45pm**  
26 October - Coolangatta



### School Attendance and Times

Education for your child is important and regular attendance at school is essential for your child to achieve their educational best and increase their career and life options. When your child attends school every day, learning becomes easier and your child will build and maintain friendships with other children.

Allowing children days off for birthdays, to look after younger children, to go shopping, to keep you company or because they were tired from a late night, not only sends the wrong message but is against the law. Did you know that if a student misses as little as 8 days in a school term, by the end of primary school they'll have missed over a year of school!

- Students should be at school at 8:30am every day as this gives them the opportunity to find their friend, order lunch and get to lines with everyone else. A reminder that there is **NO** teacher supervision until 8:30am and therefore students should **NOT** be arriving at any time prior to 8:30am. We do offer 'Outside School Hours Care' and we ask that you utilise this service to ensure that your children are properly supervised at all times.
- School finishes each day at 3:00pm. All appointments should be booked after 3:00pm and most businesses don't close until 5:00pm – there should be plenty of time after school to reach these appointments.

Lateness is recorded as a partial absence and must be explained by parents. Please see us in the office for a booklet of absent notes if you require some. **We ask that all absent notes be handed directly to the class teacher.**

Please see the attached flyer on school attendance and why it matters, plus lots of helpful tips!

See you around the playground,  
**Pam Grosse**  
**Principal**

**School Matters!**



Onward  
and  
Upward

Email: [farmborord-p.school@det.nsw.edu.au](mailto:farmborord-p.school@det.nsw.edu.au)  
Website: [www.farmborord-p.schools.nsw.edu.au](http://www.farmborord-p.schools.nsw.edu.au)



# Walkathon

When: Friday the 28<sup>th</sup> September

Where: Farmborough Flats (Cross Country track)

What we are raising funds for: House flags and Friendship Seat for the Garden

## Recycler of the Week

Canteen Recycler of the Week for this week is **Cynthia S.**

You have been rewarded with vouchers for the canteen for your efforts.

Congratulations  
Cynthia!



## Silver Afternoon Tea

Invites will be handed out today for a Silver Afternoon Tea to be held on this Thursday, 20<sup>th</sup> September. If your child has been invited they are welcome to come in Mufti on that day. Only students with an invite can attend.

## Writer's Luncheon

Next Thursday, 27<sup>th</sup> September we are having an author's lunch first lunch in the staff room. All our budding writers at Farmborough Road are invited to eat their lunch with the teachers in the staff room and bring along a piece of writing they have written and would like to share with others. This is a great opportunity for all our authors, and some treats may be given out! We hope to see a lot of students there!

## Thank you!

A huge thank you to Cynthia S and her mum for their donation of seeds for our garden. These will make a great addition to our garden which is starting to really flourish!

## School Photos...

Our school photos will be held in Week 1 of Term 4 on **Thursday, 18<sup>th</sup> October**. Photo envelopes have been sent home with your child/ren. Each child has their own individually labelled envelope.



Please see the information sheet over the page and please take the time to read the information on the envelope carefully on how to make payments. You can return payment envelopes with correct money to the office prior to the day of photos.

Sibling Photo Envelopes are available at the office.

## P&C News...

Dear Parents & Carers

Our family friendly movie night will be held on **Friday 2<sup>nd</sup> November**.

Please see attached flyer for more details. Tickets are on sale though the office now!

**Erin Oxenbridge**  
**P&C President**

## Symbio Excursion

Please check our website for information regarding our excursion on Friday so your child is prepared and has everything they need to enjoy the day. If you have any other questions, please contact your child's teacher.

## Birthdays...

Congratulations to the following students who celebrated their birthday this week.

Lennox T – 16/09

Tristan C – 16/09

Annalise P – 17/09

Azariah B – 17/09

Dylan V – 18/09

## Merit Awards... Term 3 Week 8

Congratulations to the following students who received merit awards at Assembly last week:

**Matong**

Ruby A, Charles C

**Jimboomba**

Hunter S, Lacey K

**Myaree**

Josh R, Avrine P

**Yangah**

Blake S, Lana Z

**Giralang**

Karcen B, Ella D

**Coolangatta**

Lawson C, Lillyana C

**Yulara**

Clayton S, Hannah Z

**Balamara**

Andre T, Cyrus N

**Orana**

Jye B

**Coolabah**

Xavier J, Brodie P

Be kind

Responsibility

Excellence

Respect

## **Coolangatta, Coolabah and Giralang Term 3 Project Presentation Open Classroom**

This term, Coolangatta, Coolabah and Giralang students were asked to create a book review to share one of their favourite books. A book review tells the following information: Title, author, main message, visual literacy cues, setting and character information. A book review also shows why the book is enjoyable.

A book review can be presented in many forms: written, spoken or visual form. It could be a video, a slide show, a sound recording. There are many creative ways to present a book review, including a cereal box decorated with the book review info and a cover design of a cereal based on the book.

Coolangatta and Giralang students are to complete this task for homework by Monday of week 10. Coolabah students are completing this in class. Coolangatta, Coolabah and Giralang parents are welcome to attend an open classroom session on Thursday, 27<sup>th</sup> September at 2:30pm to view these creations.

## **Parents as Teachers and Classroom Helpers (PaTCH)**

At Farmborough Road Public School we value the role parents and caregivers play within supporting children's learning within and beyond the classroom.

We are proud to offer the Parents as Teachers and Community Helpers course to increase parent and caregiver confidence in supporting children's learning at home and within the classroom. PaTCH Parents receive weekly professional learning presented by Lorraine Farrugia (Instructional Leader) and cover the topics of:

- How children learn
- How children learn to speak and listen
- How children learn to read
- How children learn to write
- Supporting children with numbers

This will be 5 x 2 hour sessions. There will also be time in classrooms.

If you are interested to find out more please join us for the PaTCH information session we will be meeting in the staff room. This information session will go for approximately 30 mins. If you are interested in this training, but cannot attend this session please ring the school on 4271 1133 and we might be able to organise another day and time.

We would love to see as many parents/carers as possible!



## **What's On at your local high school Illawarra Sports High**



Miss Hillier's Year 7 English classes have been working exceptionally hard this term to complete their novel portfolios



Over \$500 was raised for Pull on your Pink Socks Day. The funds raised support the McGrath Foundation. Lots of participation from both staff and students.



## **Myaree and Yangah Term 3 Project Presentation Open Classroom**

This term Stage 1 students were learning about our living world through Science, and wet and dry environments through Geography.

All dioramas, grown seedlings, pamphlets and booklets are due into school upon completion by tomorrow, Wednesday 19<sup>th</sup> September.

Stage 1 will be holding an Open Classroom on Thursday, 27<sup>th</sup> September and all parents and carers are invited to view the student's projects.:

- 2pm – 2:30pm Diorama showcase
- 2:30pm - 3pm Planting plants into the school garden.

## **NAPLAN**

The NAPLAN 2018 results are now in! Each student who participated in the NAPLAN tests will be taking home the individual report of their results today. The front page of the student report provides some general information about the tests, and an explanation of how to read the report.

## **Uniform Shop News**

The uniform shop is well stocked for the warm summer days that are coming!

We would like to encourage families to have a clean out over the holidays and donate any unwanted school uniforms. Any donations would be greatly appreciated!

The uniform shop is staffed by parent and grandparent volunteers. We are open every Thursday from 8.30am to 9.15am. We accept cash, cheque or credit card. Purchases made by credit card attract a 2% surcharge. We stock a full range of new school uniforms and secondhand items and have layby!



# HAVING PROBLEMS GETTING YOUR CHILD TO SCHOOL ON

TIME?



**Are there some reasons why your child does not get to school on time?**

- ✚ Your child won't go to bed at night or get out of bed in the morning
- ✚ Your child can't find their clothes, books, homework, school bag....
- ✚ The school lunches are not ready
- ✚ Homework's not done
- ✚ Your child is slow to eat breakfast
- ✚ Your child is watching TV late at night or when they should be getting ready for school
- ✚ It's your child's or someone else's birthday
- ✚ There is a test or presentation at school today
- ✚ Your child is screaming or not letting go of you.

## Things to Try

Here are some suggestions based on setting regular routines:


- ✚ Have a set time to go to bed
- ✚ Have a set time to be out of bed
- ✚ Have uniform and school bag ready the night before
- ✚ Make lunches the night before
- ✚ Have set time for starting and ending breakfast.
- ✚ Set a time each day for homework. Try straight after school with the TV off so your child can relax for the rest of the night and have a reward when finished.
- ✚ Turn the TV on for set times and only if appropriate.
- ✚ Be firm that children must go to school.
- ✚ Give your child lots of positive encouragement and acknowledge they are organised and get to school on time.
- ✚ Be firm; a birthday does not equal a holiday.
- ✚ On arrival look for some of your child's friends and encourage your child to go and play with their friends.
- ✚ Once settled leave quickly.

**REGULAR ROUTINES ARE IMPORTANT**



*Farmborough Road P & T Association presents*

# FAMILY MOVIE NIGHT IN THE HALL

**\$5.00**  **+** **\$5.00**

Per Ticket

*Come in fancy dress*

*Wear your pyjamas*

*Bring a blanket & pillow*

Spooky Meal Deal

*Sausage Sizzle*

*Fresh Popcorn*

*Drink*

*Nachos, fairy floss and other treats available on the night  
or bring your own nibbles!*

**FRIDAY 2<sup>ND</sup> NOVEMBER**

*Dinner from 6pm*

*Movie from 7pm*

*Tickets on sale at the office now!*



# Community News...

## Go4Fun®

Register now  
for term 4

Unanderra  
Tuesdays  
4:00 - 6:00pm

A fitter, happier  
healthier kids  
program



Health  
Illawarra Shoalhaven  
Local Health District

Call 1800 780 900 or visit [www.go4fun.com.au](http://www.go4fun.com.au)

## PARKER'S TENNIS COACHING

SCHOOL HOLIDAY TENNIS CLINIC  
AT FARMBOROUGH  
HEIGHTS TENNIS CLUB

WHEN: TUES 2/10/18 TO THUR 4/10/18  
TIME: 9.00AM TO 12.00PM

COST: \$90.00 for 3 days

For more information call: Andrew on 0407029731

Email: [arparker@bigpond.net.au](mailto:arparker@bigpond.net.au)

[www.facebook.com/parkerstennis](http://www.facebook.com/parkerstennis)



### 1-2-3 MAGIC® & EMOTION COACHING PARENT COURSE

Learn to help your child manage their emotions and behaviour!

Berkeley West Public School together with Southern Youth and Family Services  
invite you to attend a three-week program for parents and carers  
at Berkeley West Public School  
9am - 11:30am

Dates to be confirmed. Please register your interest.

This course is free!  
Light refreshments provided

#### Learn to:

- ✓ Understand your child's development
- ✓ Explore the link between your child's emotion and behaviour
- ✓ Handle challenging and testing behaviours
- ✓ Choose your strategy for responding to your child
- ✓ Use emotion coaching to help your child understand and manage their emotions
- ✓ Encourage positive behaviour

To register your interest or for more information please contact  
Stephanie Costa on 4228 4383 or 0400 499 234

• An end to the arguing and yelling! • It saved our lives • Simple, sane, effective  
This course is being run by a parenting® licensed practitioner. [www.parenting.com.au](http://www.parenting.com.au)

NSW  
**bike week**  
Proudly supported by NSW Government

22 - 30 September 2018



### Ride the Gong!

Saturday 22 September, 9am - 1pm  
Lang Park, Wollongong

FREE activities for riders of all ages and abilities

Getting back on your bike or building your riding skills? Register for one of our free workshops at [www.wollongong.nsw.gov.au/roadsafety](http://www.wollongong.nsw.gov.au/roadsafety) or 4227 7111. BYO bike and helmet or borrow one of ours.

**9.30am - 10.30am: Family cycling workshop** Learn how to ride together safely as a family. Includes tips for supervising children on your rides, as well as some basic bike skills.

**11am - 12pm: Bike fundamentals workshop** Get some skills and tips to make your riding safer and more enjoyable! Includes braking techniques, hand signals, bike set up and helmet fit.

**Free bike safety checks** Check your bike and pump your tyres thanks to Simple Cycles.

**Free helmet exchange** Swap your old helmet for a new one with RMS (while stocks last).

**Check out our coastal shared paths** Bike rentals available from South Coast Bike Hire (discounted fees apply - \$10/hour or \$25/four hours).

**Children's entertainment** Circus and magic on the move with Tom Foolery.

Information and advice, free giveaways and prizes to be won!

Contact Wollongong City Council (Road Safety Officer) on 4227 7111 or [rs@wollongong.nsw.gov.au](mailto:rs@wollongong.nsw.gov.au) for more information.

Proudly supported by Wollongong City Council and partners



PEOPLE WITH DISABILITY  
AUSTRALIA

#### Respectful Relationships Peer Education Project

PWDA is looking for women with intellectual or learning disability. We are doing a project about respectful and healthy relationships.

Does this sound like you?

- A woman with intellectual or learning disability
- Lives in Sydney, the Central Coast, Newcastle, Wollongong or Bowral
- Comfortable talking about relationships

The project will run in 2018-2019. From September 2018 to mid-2019 PWDA's 8 peer educators will be teaching other women with intellectual disability about respectful and healthy relationships.

Our aim is to provide information to women with intellectual disability about how to have respectful relationships. In our 8 session course we will cover the following topics:

- Group safety
- Trust and agreements
- Introduction to relationships
- Who do I have relationships with?
- Consent
- What is a respectful/healthy relationship?
- Intimate relationships
- Exploring touch - who can I touch and who can touch me with my permission?

If you are interested in the project, please contact the project officer:

Polly Seymour

0434 692 845

[pollys@pwd.org.au](mailto:pollys@pwd.org.au)

TKMA.COM.AU



ENROL  
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First Lesson FREE!  
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# AST SURF SCHOOL SURFGROMS ARE BACK!



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**Medicare  
'Child Dental Benefit Schedule'  
Is running at  
Centre Health Unanderra  
ACCESS UP TO \$1000  
FOR CERTAIN DENTAL SERVICES**



Must be in receipt of Family Tax Benefit Part A or a relevant Australian Government payment  
Aged 2-17  
Capped over 2 years  
Dental services include: Examinations, X-rays, Cleaning, and Fissure sealing, Fillings, Root Canal Therapy, Extractions

**Call 4271 4244 to find out if your child is eligible**  
Shop 11, 102 Princes Highway, Unanderra



**CENTRE HEALTH DENTAL UNANDERRA**  
Shop 11, 102 Princes Highway, Unanderra

**Get professional mouth guard for \$250 that's \$100 off  
If you are a student you get an extra 50% off that's amazing \$125**

\*Conditions Apply. The voucher is for professional mouth guard only and is limited to one voucher per patient.  
Voucher must be mentioned at the time of making an appointment and also be presented on arrival.  
The voucher cannot be used with any other offer or government program and is not redeemable for cash.

Patient Name: \_\_\_\_\_ Valid to: \_\_\_\_\_ Staff Signature: \_\_\_\_\_