

Farmborough Road Public School Newsletter

TERM 3 WEEK 7 2018

PHONE: 4271 1133

Stage 2 Excursion to Killalea State Park



P & C Dates:
Term 3
Tuesday, 4 September

**Onward
And
Upward**

For Your Calendar

07/09 Book Club Loop DUE!
13/09 Regional Spelling Bee Final
21/09 Symbio Zoo Excursion
21/09 PSSA Gala Day – Dragon Tag
28/09 Crazy Camel Orders DUE
28/09 Walkathon

Assembly Dates
Every 2nd Friday –
12:45pm
14 September –
Jimboomba



School Times and Attendance

Morning session starts at 9:00am

School concludes at: 3:00pm

Students are most attentive and do their best learning in the morning. They need to attend class on time and for the entire day to receive the amount of teacher attention that leads to successful learning. Studies have proven that the morning routine is critical for a child's learning. Expectations for the day are set in the morning and if your child is even 5 minutes late, they have already missed important information. Your child's lateness also affects the learning of their classmates as it creates a distraction to their learning. Class disruption can make your child feel uncomfortable and can upset other students. Please do your best to ensure your child/ren arrive to school on time each day. **Children who arrive late to school must be accompanied by an adult. If no adult is present, it will be marked as an unexplained, unjustified absence and you will receive a 'blue' absent note at a later date.**

If your child is absent from school, it is a legal requirement that a note is handed in with an explanation as to why. Please see us in the office for a booklet of absent notes if you require some. **We ask that all absent notes be handed directly to the class teacher.**

Gaming

On Sunday night, 60 Minutes Australia featured a story on video gaming addiction in children and its effects. They focused on two boys who are addicted to the online game Fortnite. Thousands of children across the nation are battling everything from social anxiety to depression and violent outbursts as their obsession with the video gaming world continues to grow. If you missed it, we recommend you watch the segment. You can find it here:

<https://www.9now.com.au/60-minutes/2018/episode-27>



Onward
and
Upward

Email: farmborord-p.school@det.nsw.edu.au
Website: www.farmborord-p.schools.nsw.edu.au





Crazy Camel – What is it?

Crazy Camel is a fundraising activity that the P & C run each year at the school.

One of our carers said “Each year I get one of my children to make the calendar and the other to make a diary. We use them around the home so that we can organise our busy schedules! Last year one of them chose to do a photo montage and it looked fantastic!” Make sure that you get your order form and payment to the office by Friday 28th September.



Calendar

ICAS Assessment

Students who participated in the ICAS Science assessment will receive their certificates at assembly on 7th September.

Student Welfare Trial

A reminder that this term we will be lifting the bar of expectations of our students’ behaviour.

We will be reducing the number of reflections threshold to be:

- 3 Reflections – Parents contacted
- 5 Reflections – Parents sent a letter
- 7 Reflections – Warning of suspension
- 8 Reflections - Suspension

At the end of next term we will be consulting with parents to hear your views on the new system.



Thank you!

We are a very fortunate school here at Farmborough Road with a caring community. We would like to say thank you to Mr and Mrs Coonan (grandparents of two of our students) who donated books to our school from our book fair as a lovely surprise. And with everyone’s support, we managed to raise over \$1,500! What a fantastic result for our school, thank you!

Another thank you goes to Narelle Emery who donated new tubs for the canteen. This is a great help thank you!

Please return payment and order forms to the office by
FRIDAY 7th September



SCHOLASTIC
Book Club LOOP
for Parents

LOOP is the Scholastic Book Club
Linked Online Ordering & Payment platform for parents.
To order and pay for Scholastic Book Club by credit card visit:
www.scholastic.com.au/LOOP



Enrolments

We are currently taking enrolments for Kindergarten. If you know anyone who is planning to enrol their child please encourage them to see us in the office for an enrolment pack.

Birthdays...

Congratulations to the following students who celebrated their birthday this week and over the holidays.

Sienna V – 03/09

Taylor N – 04/09

Adria B – 05/09

Lachlan H – 07/09

Merit Awards... Term 3 Week 6

Congratulations to the following students who received merit awards at Assembly last week:

Matong

DJ W, Alexis K

Jimboomba

Blake H, Rachel M

Myaree

Matthew B, Zariah M

Yangah

Maddie S, Charli L

Yulara

Lily M, Kayla R

Merinda

Harmony N, Corey S

Orana

Lennox T, Niko K

Balamara

Emmett T, Caiden E



When: Friday the 28th September

Where: Farmborough Flats (Cross Country track)

What we are raising funds for: House flags and Friendship Seat for the Garden

Responsibility

Excellence

Respect

Community News...

Go4Fun®

Register now
for term 4

Unanderra
Tuesdays
4:00 - 6:00pm

A fitter, happier
healthier kids
program



Health
Illawarra Shoalhaven
Local Health District

Call 1800 780 900 or visit www.go4fun.com.au

What is Go4Fun?

Go4Fun is a free program for 7-13 year olds who are above a healthy weight, and their families.

- Play fun games and activities
- Make healthier choices for your family
- Make new friends

Places are limited. Register now!

Where is it held?

Join us for a fun program next term:

Term 4:

Tuesdays
4 - 6pm
Unanderra

Not at a location near you?
Please call and put your name on the wait list. We will get in touch when the program is being run in your suburb.

www.go4fun.com.au 1800 780 900

TKMA.COM.AU



ENROL YOUR KIDS TO LEARN MARTIAL ARTS

First Lesson **FREE!**
 0421566312



KICKBOXING

MONDAYS
UNDER 18'S

TUESDAYS
OVER 18'S

WEDNESDAYS
UNDER 18'S

THURSDAYS
OVER 18'S

TIME
4PM-5PM

COST
\$10 PER CLASS

PCYC M/SHIP
UNDER 18 \$10
OVER 18 \$20

A big thank you to the local businesses that supported our Trivia night! These are just a few:



What's On at your local high school
Illawarra Sports High



The year 9-10 debating team at the regional final held at debating camp in Gerrington.



Year 7 learning to focus and use microscopes whilst looking at plant and animal cells.



FARMBOROUGH
OSHC



Medicare
'Child Dental Benefit Schedule'
Is running at
Centre Health Unanderra
ACCESS UP TO \$1000
FOR CERTAIN DENTAL SERVICES



Must be in receipt of Family Tax Benefit Part A or a relevant Australian Government payment

Aged 2-17

Capped over 2 years

Dental services include: Examinations, X-rays, Cleaning, and Fissure sealing, Fillings, Root Canal Therapy, Extractions

Call 4271 4244 to find out if your child is eligible
Shop 11, 102 Princes Highway, Unanderra



CENTRE HEALTH DENTAL UNANDERRA
Shop 11, 102 Princes Highway, Unanderra

Get professional mouth guard for \$250 that's \$100 off
If you are a student you get an extra 50% off that's amazing \$125

*Conditions Apply. The voucher is for professional mouth guard only and is limited to one voucher per patient. Voucher must be mentioned at the time of making an appointment and also be presented on arrival. The voucher cannot be used with any other offer or government program and is not redeemable for cash.

Patient Name: _____ Valid to: _____ Staff Signature: _____



NSW

bike week
Proudly supported by NSW Government

22 - 30 September 2018



Ride the Gong!

Saturday 22 September, 9am - 1pm
Lang Park, Wollongong

FREE activities for riders of all ages and abilities

Getting back on your bike or building your riding skills? Register for one of our free workshops at www.wollongong.nsw.gov.au/roadsafety or 4227 7111. BYO bike and helmet or borrow one of ours.

9.30am - 10.30am: Family cycling workshop Learn how to ride together safely as a family. Includes tips for supervising children on your rides, as well as some basic bike skills.

11am - 12pm: Bike fundamentals workshop Get some skills and tips to make your riding safer and more enjoyable! Includes braking techniques, hand signals, bike set up and helmet fit.

Free bike safety checks Check your bike and pump your tyres thanks to Simple Cycles.

Free helmet exchange Swap your old helmet for a new one with RMS (while stocks last).

Check out our coastal shared paths Bike rentals available from South Coast Bike Hire (discounted fees apply - \$10/hour or \$25/four hours).

Children's entertainment Circus and magic on the move with Tom Foolery.

Information and advice, free giveaways and prizes to be won!

Contact Wollongong City Council (Road Safety Officer) on 4227 7111 or rso@wollongong.nsw.gov.au for more information.

Proudly supported by Wollongong City Council and partners



For more information visit
wollongong.nsw.gov.au/roadsafety



1-2-3 MAGIC® & EMOTION COACHING PARENT COURSE

Learn to help your child manage their emotions and behaviour!

Berkeley West Public School together with Southern Youth and Family Services invite you to attend a three-week program for parents and carers at **Berkeley West Public School**
9am - 11:30am

Dates to be confirmed. Please register your interest.

This course is **free!**
Light refreshments provided

Learn to:

- ✓ Understand your child's development
- ✓ Explore the link between your child's emotion and behaviour
- ✓ Handle challenging and testing behaviours
- ✓ Choose your strategy for responding to your child
- ✓ Use emotion coaching to help your child understand and manage their emotions
- ✓ Encourage positive behaviour

To register your interest or for more information please contact
Stephanie Costa on 4228 4383 or 0400 499 234

• An end to the arguing and yelling! • It saved our lives • Simple, sane, effective

This course is being run by a ParentsShop® licensed practitioner. www.parentshop.com.au