

Farmborough Road Public School Newsletter

TERM 1 WEEK 2 2018

PHONE: 4271 1133



For Your Calendar

08/02	Swimming Carnival
13/02	P&C Meeting
13/02	Parent Orientation Day
16/02	Book Club due at Office

**Onward
And
Upward**

Absences...



ABSENT

If your child is absent from school, it is a legal requirement that a note is handed in with an explanation as to why. Please see us in the office for a booklet of absent notes if you require some. **We ask that all absent notes be handed directly to the class teacher so they can keep their record as up to date as possible.**

Early and Late Arrivals...



It is of great importance that children arrive to school on time and remain at school for the entire day. Where possible we ask that any appointments your child may need be made outside of school hours to minimise the interruption of class routines and learning time.

Children who arrive late to school must be accompanied by an adult. If no adult is present, it will be marked as an unexplained, unjustified absence and you will receive a 'blue' absent note at a later date.

Parent Helpers - Site Inductions

Any parents who will be volunteering in the classrooms this year need to complete a WH&S induction. I will be offering three time slots this year:

- 9am - Wednesday, 14th February
- 2:30pm - Wednesday, 14th February
- 2:30pm - Friday, 16th February

(You only have to do one session) and they will be held in the school staffroom. You will need to bring with you 100 point proof of identity...Medicare Card (25points), Drivers licence (40 points), Credit Card (25 points), Lands Rates Notice (35 Points) and /or a current Passport is (70 points). These will be photocopied and held at the school for 12 months. There are some procedures and practices we need to discuss before you can go into the classrooms / canteen, Year 6 farewell. Please ensure you come along if you would like to help out in 2018. I need to ensure your safety while on the site. Entry on to school grounds can not be permitted without completion of this WH&S requirement.



Onward
and
Upward

Email: farmborord-p.school@det.nsw.edu.au
Website: www.farmborord-p.schools.nsw.edu.au



Parent Orientation Days...

This is an opportunity for you as parents and carers to come along and meet your child/ren's class teacher, get an overview of the year ahead and raise any concerns you may have. There will be a rolling powerpoint presentation, a parent handout and a teacher to chat with. Below are the times for each class teacher:

Early Stage 1:

Iluka (Jimboomba/Matong)

Tuesday, 13th February

3:15pm – 4:15pm and 5pm – 6pm

Stage 1:

Myaree – Yangah

Tuesday, 13th February

3:15pm – 4:15pm and 5pm – 6pm

Stage 2:

Coolangatta – Giralang

Tuesday, 13th February

3:15pm – 4:15pm and 5pm – 6pm

Stage 3:

Yulara - Merinda

Tuesday, 13th February

3:15pm – 4:15pm and 5pm – 6pm

MC & AU Units:

Orana – Balamara – Coolabah

Tuesday, 13th February

3:15pm – 4:15pm and 5pm – 6pm

Canteen News

Your child will be coming home today with a Canteen Menu - 2018. Please be aware that there have been many changes to our prices due to an increase in costs from our suppliers. This is particularly the case with the drinks due to the implementation of the NSW Return and Earn Scheme for drinks container. These new prices are effective from this week.

The school canteen will be starting our own 'Return and Earn' Scheme for drinks bought at the Canteen. This will commence in Week 4 - stay tune for more details on how your child can be involved!

The menu this term will be the last of its type before we have to bring in changes to comply with the new 'Healthy Canteen Strategy'. More information will be provided during the term.

Reminder...

If you have brought a scooter or a bike to school when picking up your child/ren, please do not ride them in the school. If you must bring them into the school, please walk them. Alternatively, please leave them at the front gate and collect when you leave.

Birthdays...

Congratulations to the following students who celebrated their birthday this week.

Lochlan – 07/02

Jack H – 08/02

Tahlia – 10/02

P&C News...

Dear Parents & Carers

Our first P & C Meeting will be held next Tuesday night at 7pm in the staff room. We would love to see some new faces to help us with our events this year. Our P & C meeting will be followed by a quick fundraising meeting to organise our calendar for the year.

Erin Oxenbridge
P&C President

All parents and students are invited to 'like' and 'follow' the South Coast School Sports Association Facebook page in order to stay updated on forthcoming trials, championships and regional carnivals



Please return payment and order forms to the office by
FRIDAY 16th February



SCHOLASTIC

Book Club LOOP
for Parents

LOOP is the Scholastic Book Club
Linked Online Ordering & Payment platform for parents.
To order and pay for Scholastic Book Club by credit card visit:
www.scholastic.com.au/LOOP



Responsibility

Excellence

Respect

Permission to Publish and Online Services

Your child will be going home today with a form to allow the school/Department of Education to publish and/or disclose information about your child for the purposes of sharing their experience with other students and the broader community. This information may include your child's name, age, class and information collected at school such as photographs, sounds and visual recordings of your child and their work. **Please complete the permission slip and return to school by Friday, 16th February.**

Reminder...

A reminder to parents and students that the staff car park is strictly out of bounds. No parent or student is to move through this area, including dropping your when child/ren off.



AUTISM SUPPORT FOR CARERS in the Illawarra



The Autism Community Network provides support for families and children impacted by autism conditions. If you would like to meet other carers who understand you or to find social options for your ASD child and their siblings, please contact us or come along to our free meetings.

WOLLONGONG SUPPORT GROUP

TIME: Fourth Thursday 10am to noon

VENUE: Illawarra Leagues Club - 97-99 Church Street, Wollongong

For more information:
9543 9036

info@autismcommunity.org.au | www.autismcommunity.org.au



What's On at your local high school Illawarra Sports High

This week our fantastic new year 7 cohort started at ISHS. One year 7 class is learning an interesting new subject about film making called "Lights, Camera, Action".

Here is a photo of them doing "speed dating conversations" about their favourite movie.



Keep our children safe

Important signs around schools



No Parking

You can stop in a No Parking zone for a maximum of 2 minutes to drop off or pick up passengers. You must stay within 3 metres of your vehicle at all times.

Penalty exceeds \$183 + 2 Demerit Points



No Stopping

Don't stop on a length of road where there is a No Stopping sign. (Exemptions for medical emergencies, vehicle breakdown and road obstructions ahead).

Penalty exceeds \$330 + 2 Demerit Points



Bus Zone

Don't stop or park in a Bus Zone unless you're driving a public bus.

Penalty exceeds \$330 + 2 Demerit Points

The safety of our children depends on us.

Traffic rules and parking restrictions are
in place to improve everyone's safety.

MISTAKES
are proof
that you
are
TRYING

Responsibility

Excellence

Respect

How to apply for and redeem vouchers

There are four simple steps:

1

Visit **sport.nsw.gov.au/activekids**.
Read the **Guidelines** and **Fact Sheets**
to learn about the program.

2

Visit **service.nsw.gov.au** and create or
login to your **MyServiceNSW Account**

3

Complete an **Active Kids application** through your **MyServiceNSW Account**.
You will receive a voucher with a unique ID number for each
child you register (available to download, print and email).

4

Redeem your voucher

Take your child's voucher to a registered activity provider; or log onto your
provider's website to enrol and enter the voucher **ID number**.

When your child commences their chosen sport or activity, your online account
will show the status of the voucher change from 'Active' to 'Redeemed'.

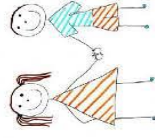


Term 1 Calendar 2018

Information & enquiries please contact
Local Facilitator Allison McKenzie
On 0448254779 or email—
Allison.mckenzie4@det.nsw.edu.au

Families at Farmborough School Community Centre

A Schools as Community Centres Project



NSW Schools as Community Centres Project: Supporting Families with children 0-8

Unless otherwise stated, all programs are located at Farmborough Road Public School, Unanderra

Monday

Farmborough
Road PS
56 Farmborough
Road, Unanderra
NSW 2526
Ph: 42 71 11 33

FARMBOROUGH Outside School Hours Care



For all enquiries and
enrolments
please
contact Erin
0425 228 764
farmboroughshc@gmail.com

Tuesday

Farmborough Road
PLAYGROUP
9.30am-11.00am
Starts February 6th
All welcome. Bring fruit
to share for morning
tea. Enjoy painting,
craft, puzzles & story
time. **FREE**



Wednesday

Farmborough Road
Sing Move Play
Music Group
9.30am-11.00am
Starts February 7th
All welcome. Enjoy
music and stories
Bring morning tea.



Early Years Care

Early Years Playschool
Creative play, Art & Craft
for families and children
under 5.
9.30am-11.30am
Bring morning tea (nut
free)
To contact Marie Smith on

PH: 42 56 20 12

Thursday

Stir it UP!
Sharpen good food & healthy eating
Promoting good food &
healthy lunch boxes. For
further details contact
Allison



Health

Illawarra Shoalhaven
Local Health District

Friday

Berkeley West PS
PLAYGROUP
Paint and Play
9.30am-11.00am
Starts February 9th
Berkeley West Public
School (preschool room)
Enjoy painting, craft,
puzzles and story time.
Please bring fruit
for morning tea. **FREE**



**Barnardos
Australia**

"Barnardos Women's
Support Group"
Contact Laura or
Kristen for further details
CALL 42 758 575
(This is a closed group)



Education &
Communities

families^{nsw}
supporting families to raise children

Community News...



YEAR 5/6 OPEN
NIGHT!
MONDAY 26TH FEB
6 – 8pm

**Inspired by the Greatest Showman?
Try the real thing.**

Circus Monoxide term classes start 3rd February.
A huge variety of classes - something for everyone
Book at <https://www.trybooking.com/TBSC>
Ring 4285 0066
3/3 Prince Hwy Fairy Meadow

Go4Fun

Register now
for term 1 2018

**UOW Sports Hub
Wollongong
Saturdays**

**A fitter, happier
healthier kids
program**

NSW Health
Illawarra Shoalhaven
Local Health District

Call 1800 780 900 or visit www.go4fun.com.au

CatholicCare | Strengthening your Relationships Wollongong Courses - Term 1, 2018

Call us 4254 9316
enquiries@catholiccare.dow.org.au
www.catholiccare.dow.org.au



For Parents & Carers

123 MAGIC & EMOTION COACHING

For Parents/Carers of children aged 2-12 years

Learn to be present and consistent as a parent. Provides a structured approach to managing your child's challenging behaviours.

3 x 2 hour sessions held weekly

\$45

Thursdays 8, 15 & 22 February, 4-6pm

BRINGING UP GREAT TEENS

For Parents/Carers of adolescents aged 12-17 years

Learn to promote positive and respectful parent-teen relationships. Focus on the big issues and challenges when managing conflict and connecting with teens.

4 x 2 hour sessions held weekly

\$50

Thursdays 8, 15, 22 Feb & 1 Mar, 1-3pm

CIRCLE OF SECURITY PARENTING™

For Parents/Carers of children aged 0-5 years

A must for all parents. Children who feel secure have empathy, greater self esteem, better relationships and increased capacity to handle their emotions. Understand your child's world by learning to read your child's emotional needs.

5 x 2 hour sessions held weekly

\$75

Tuesdays 6, 13, 20, 27 Feb & 6 Mar, 1-3pm

OR

Thursdays 15, 22, 29 Mar & 5, 12 Apr, 4-6pm

KEEPING KIDS IN MIND

For Parents/Carers of children and young people post separation

Helps separated parents to learn to deal with the emotional and practical issues of parenting after separation. Explores the impact separation has on you and your whole family.

5 x 2 hour sessions held weekly

\$100

Tuesdays 6, 13, 20, 27 Feb & 6 Mar, 4-6pm

OR

Thursdays 15, 22, 29 Mar & 5, 12 Apr, 9:30-11:30am

SEEING RED - Introduction to managing challenging emotions

For all Parents/Carers

Anger is a natural emotion that is felt by everyone. Controlling feelings of anger can be tricky. Learn to recognise, communicate and listen to your feelings and learn to express anger in a constructive way.

3 x 2 hour sessions held weekly

\$45

Thursdays 8, 15, & 22 Feb, 9:30-11:30am



With a Special Focus

YOUTH MENTAL HEALTH FIRST AID

For Adults

Teaches adults how to provide initial support to youth experiencing mental illness or are in crisis. Topics covered include anxiety, depression, substance use, disruptive behavior disorders (including AD/HD) and eating disorders.

2 days held over 2 weeks (14 hour program)

\$198 incl GST

Fridays 16 & 23 Mar, 9am-4:30pm

25-27 AUBURN ST, WOLLONGONG

CatholicCare's Families & Communities Program is funded by the Australian Government.
Concessions may apply dependent upon financial circumstances



CatholicCARE | hope begins with us

STEAM PUNKS Club

Science, Technology, Engineering, Arts and Math

FOR AGES 5+ YEARS

STEAM PUNKS CLUB

Science, Technology,
Engineering, Arts and Math
- we meet to build, make,
play, experiment and game!
Parent/Carer participation
encouraged.

Free!

No bookings required
Contact 4227 7414

Once a month on Thursday
at Wollongong Library
from 4-5pm

February 15
March 15
April 12
May 10
June 7
July 5



www.wollongong.nsw.gov.au/library

WOLLONGONG CITY LIBRARIES
IDEAS, INFORMATION, ENJOYMENT



RAVE

READING ART GAMING ENTERTAINMENT

A fun after school
activity sharing books,
games, music, movies,
magazines and all things
entertainment. We will
supply the snacks!

Runs during every
school term.



Fortnightly
THURSDAYS
4-5pm

8-12
YEARS



February 8 & 22
March 8 & 22
April 5

May 3, 17 & 31
June 14 & 28

Contact Wollongong: 4227 7414

WOLLONGONG CITY LIBRARIES
IDEAS, INFORMATION, ENJOYMENT



www.wollongong.nsw.gov.au/Library

Follow us on

