

Farmborough Road Public School

Newsletter

TERM 1 WEEK 1 2018

PHONE: 4271 1133

back to
School



***Onward
And
Upward***

For Your Calendar

02/02	Canteen will re-open for 2018 K-6 Assembly – 12:45 pm in the hall
05/02	School Camp – Stage 3
07/02	Swimming Carnival

Welcome back to Term 1 - 2018...

I hope you all had a great holiday with your lovely children. We formed our classes today for 2018 with all teachers and students settling into their new spaces and groupings. Kinder arrive on Wednesday. We have lots of great things planned for this year and I am currently working on the school plan for the next 3 years. I will make this available when it is polished.

We are a Kindness on Purpose school this year and will be working with students to develop the notion of empathy. More on this later and how you might be able to help.

We have an open door policy here. If you need a chat just drop in and see us. Everything can be sorted out with a good chat.



The new class structures are...

Kindergarten – Mrs Weaver and Ms Martin - Iluka

1/2 - Miss Fellows - Myaree

1/2 – Miss Dunn - Yangah

3/4 – Ms Suey - Girralang

3/4 – Mr Poole - Coolangatta

5/6 – Mr Haines - Yulara

5/6 – Mrs Adams – Merinda

K-2 Unit – Mrs Egan Scott - Balamara

3-6 Unit – Mrs Donaldson – Coolabah

AUS Unit – Mrs Zearo - Orana

Instructional Leaders K-4 - Mrs Farrugia

Interventionalist – Mrs Daly, Ms Lyons, Mr Glahn-Bertelsen and Mrs Craig

Library sessions will be run by Miss Block

We will be holding Parent Information Sessions during week 3. Stay tuned for this date and time to be announced. Parent info sessions are a good time to meet the new teachers, ask any questions and sort out any difficulties you or your child may be experiencing and also to learn about classroom and homework requirements for this new year. All notes will go home via the App and on the website.



Onward
and
Upward

Email: farmborord-p.school@det.nsw.edu.au
Website: www.farmborord-p.schools.nsw.edu.au



Swimming Carnival 2018...

Our Swimming Carnival will be held on Thursday 8th February, 2018. All students who are turning 8 years or older are expected to participate. There will be a range of race events as well as novelty races for the not so strong swimmers. Permission notes need to be returned by Friday 2nd February, 2018.



School Camp

Important notice regarding outstanding camp payments - STAGE 3. As you know our camp is going ahead in Week 2 this term. All payments MUST be paid by Friday 2nd Feb. Unfortunately if balances are not finalised by this time your child will be unable to participate. Also, please ensure that you have completed the online medical questionnaire by this date. If you are having trouble accessing this site please contact the school. You will need our booking number to complete the form - it is 523252.

<https://sportandrecreation.nsw.gov.au/facilities/medicalandconsentform>

The Music Bus

The Music Bus are taking new student enrolments for Term 1. The program is open for all students from K to 6. Running weekdays at School. The Music Bus have limited availability in Singing, Keyboard, Guitar, Drum and Ukulele and so it is advised to enrol asap.



The Music Bus is a wonderful music program that many of our students are already enjoying – a brilliant and cost-effective way for students to get fun and specialist music lessons without parents having to travel all over the area after school. Cost of lessons is only \$16 per week (Drums \$18). If you're interested in your child having music lessons through The Music Bus, check out their website at www.themusicbus.com.au or call 1300 168 742

School in Lockout!

As you are all aware we have a duty of care to ensure that all the students at FRPS are safe. As a result we need to lock our gates each day from 9:15am till 2:45pm.

If you could please ensure your children are in the school grounds by this time and limit the number of times you need to return to the school during the day we would greatly appreciate it.



Uniform Shop News...

The uniform shop will be open four mornings at the beginning of 2018: Monday 29/1, Tuesday 30/1, Wednesday 31/1 and Thursday 1/2 from 8.30 to 9.15am. We accept cash, cheque or credit card. Layby is also available.

Birthdays...

Congratulations to the following students who celebrated their birthday this week.

Malikai – 01/02

P&C News...

Dear Parents & Carers

Hope everyone had a fantastic holiday. Our first P&C Meeting will be held Tuesday, 13th February at 7pm in our school staffroom. We encourage all new parents to come along and join us. It would be great to see some new faces. Below are the dates for the remainder of the year:

13th March
15th May
12th June
8th August
4th September
30th October
27th November

Erin Oxenbridge
P&C President



Find us on
Facebook

Facebook is a great place to see what is happening daily with your children. Teachers post updates all the time. Please remember to request us as a friend.

“

*One child, one teacher,
one book, one pen can
change the world.*

MALALA YOUSAFZAI

Responsibility

Excellence

Respect

Pack your child a **HEALTHY LUNCH BOX**

Choose a variety of foods from each food group



Fruit



Vegetables



Dairy



Wholegrains



Lean meat & alternatives



A Healthy Lunch Box



MAKE WATER
YOUR DRINK



PACK ICE BRICKS
TO KEEP FOOD
COOL



USE A THERMOS
TO KEEP FOOD
WARM



Health

Community News...



1 FREE CLASS
IN A STYLE OF YOUR CHOICE
VALID TERM 1, 2018. FOR NEW STUDENTS ONLY

- Fun & fitness for a low price in a comfortable and non-selective environment
- Non-competitive classes in a large variety of styles for 2 years to adults
- All ages & abilities welcome
- No registration fee/pay as you come
- "Come and See the Miss Zoe's Difference"



REGISTRATION DAY
Where? 90 Swan St Wollongong
When? Saturday 3rd February 2018 10am-2pm
- Demonstrations at 11:30am

CONTACT: 0407 921 054
misszoe@misszoesschoolofdance.com
www.misszoesschoolofdance.com



Register now
for term 1 2018



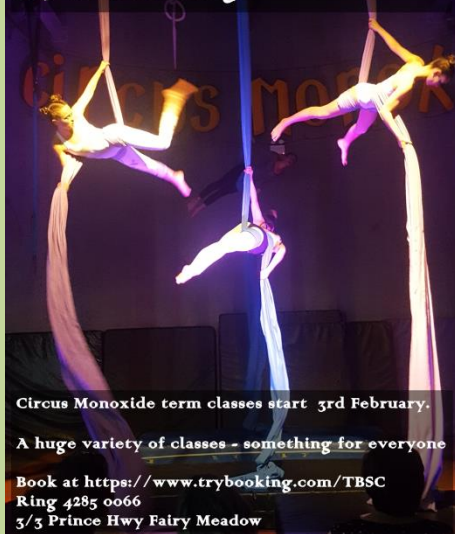
A fitter, happier
healthier kids
program



UOW Sports Hub
Wollongong
Saturdays

Call 1800 780 900 or visit www.go4fun.com.au

Inspired by the Greatest Showman?
Try the real thing.



Circus Monoxide term classes start 3rd February.

A huge variety of classes - something for everyone

Book at <https://www.trybooking.com/TBSC>
Ring 4285 0066
3/3 Prince Hwy Fairy Meadow

CatholicCare | Strengthening your Relationships Wollongong Courses - Term 1, 2018

Call us 4254 9316
enquiries@catholiccare.dow.org.au
www.catholiccare.dow.org.au



For Parents & Carers

123 MAGIC & EMOTION COACHING

For Parents/Carers of children aged 2-12 years

Learn to be present and consistent as a parent. Provides a structured approach to managing your child's challenging behaviours.

3 x 2 hour sessions held weekly

\$45

Thursdays 8, 15 & 22 February, 4-6pm

BRINGING UP GREAT TEENS

For Parents/Carers of adolescents aged 12-17 years

Learn to promote positive and respectful parent-teen relationships. Focus on the big issues and challenges when managing conflict and connecting with teens.

4 x 2 hour sessions held weekly

\$50

Thursdays 8, 15, 22 Feb & 1 Mar, 1-3pm

CIRCLE OF SECURITY PARENTING™

For Parents/Carers of children aged 0-5 years

A must for all parents. Children who feel secure have empathy, greater self esteem, better relationships and increased capacity to handle their emotions. Understand your child's world by learning to read your child's emotional needs.

5 x 2 hour sessions held weekly

\$75

Tuesdays 6, 13, 20, 27 Feb & 6 Mar, 1-3pm

OR

Thursdays 15, 22, 29 Mar & 5, 12 Apr, 4-6pm

KEEPING KIDS IN MIND

For Parents/Carers of children and young people post separation

Helps separated parents to learn to deal with the emotional and practical issues of parenting after separation. Explores the impact separation has on you and your whole family.

5 x 2 hour sessions held weekly

\$100

Tuesdays 6, 13, 20, 27 Feb & 6 Mar, 4-6pm

OR

Thursdays 15, 22, 29 Mar & 5, 12 Apr, 9:30-11:30am

SEEING RED - Introduction to managing challenging emotions

For all Parents/Carers

Anger is a natural emotion that is felt by everyone. Controlling feelings of anger can be tricky. Learn to recognise, communicate and listen to your feelings and learn to express anger in a constructive way.

3 x 2 hour sessions held weekly

\$45

Thursdays 8, 15, & 22 Feb, 9:30-11:30am



With a Special Focus

YOUTH MENTAL HEALTH FIRST AID

For Adults

Teaches adults how to provide initial support to youth experiencing mental illness or are in crisis. Topics covered include anxiety, depression, substance use, disruptive behavior disorders (including AD/HD) and eating disorders.

2 days held over 2 weeks (14 hour program)

\$198 incl GST

Fridays 16 & 23 Mar, 9am-4:30pm

25-27 AUBURN ST, WOLLONGONG

CatholicCare's Families & Communities Program is funded by the Australian Government. Concessions may apply dependent upon financial circumstances.



CatholicCARE | hope begins with us