

Farmborough Road Public School Newsletter

TERM 3 WEEK 9 2016

PHONE: 4271 1133



**Our students
enjoying time with
the UOW students.**



 Find us on
Facebook

For Your Calendar

16/6 PSSA Gala Day – Reed Park Dapto & Lakelands Oval.
22/9 Art Gallery Excursion.



TUESDAYS



Silver Afternoon Tea...

Stay tuned for more invites to be handed out to students who have received their Silver Merit Award! If your child has been invited they are welcome to come in mufti on the day. Only students with an invite can attend. We will be holding an afternoon tea nearly every week this term so no one will miss out.



PSSA Gala Day...

Some of our students will represent Farmborough Road Public School at the Dapto PSSA Dragon Tag and Soccer Gala Days to be held on Friday 16th September. Please return your permission notes and money to the office no later than Wednesday 14th September.

Kinder 2017 & Enrolments...

We will host several playgroup sessions down in the SaCC rooms for all our new kinders. The sessions are a great way for both children and parents to start to make friends with the people you will see everyday. Invitations were sent out to our new kinders at the end of last term.

We are starting to look ahead to 2017. If you know anyone who is yet to enrol their child for kinder please encourage them to do so as soon as possible. This will ensure they are able to attend our Kinder Orientation Sessions. Also, if you are moving out of the area and changing schools please send a message through to the office. This will enable us to determine class sizes and staffing to ensure a smooth start to 2017.



PaTCH Program!

This program began earlier this term, but it is not too late to come along to the next session. The Parents as Teacher as / Classroom Helpers (PaTCH) course is a training program to accredit volunteers supporting children learning to read, write and use counting in the early years of schooling.

We will be offering this program to all parents who can attend. We will run the program here in the staffroom on a Tuesday morning from 9am till 11am.

The dates are...

Term 3

Tuesday week 10 - Reading

Term 4

Tuesday week 1 – Writing

Tuesday week 3 –

Counting/Quantification

Tuesday week 5 – Working mathematically.



Onward
and
Upward

Email: farmborord-p.school@det.nsw.edu.au
Website: www.farmborord-p.schools.nsw.edu.au



Art Gallery of NSW Archibald Prize...

Please continue to send in your permission notes as soon as possible so we can allocate tickets accordingly.

Thankyou, Ms Martin



Head Lice...Is back!!

We have had some extreme cases of head lice!! We ask that you please take the time to check your child's hair to ensure that they are nit free. If there a signs of eggs or live lice, please treat it accordingly before sending them back to school.



School in Lockout!



As you are all aware we have a duty of care to ensure that all the students at FRPS are safe. We have a very busy road right in front of our school and we have a little one who doesn't know their boundaries. As a result we need to lock our gates each day from 9:15 till 2:45. If you could please ensure your children are in the school grounds by this time and limit the number of times you need to return to the school during the day we would greatly appreciate it. We will be in Lockout for the remainder of the term.

Birthdays...

Congratulations to the following students who celebrated their birthday this week!

Paige M 16/9 - Lola 14/9
Jessie 15/9 - Paige C 13/9
Azariah 17/9

This week's Assembly is for K-6
Presented by Giralang

Merit Awards... Term 3 Week 8

Congratulations to the following students who received merit awards this week:

Yulara - Kaleesha, Alexa
Merinda - Ayden, Dylan
Myaree - Rosabella, Hayden
Leamurra - Liam, Clayton
Giralang - Lily, Bodie
Matong - Cameron, Lola
Coolangatta -Olivia, Kaylah

Coolabah will be presenting
at next week's assembly!!

Celebrate Attendance

Hints and Tips No. 8: Tips for Parents



There are some simple yet effective tips that parents can follow to ensure their child has a happy day at school.

Make sure your child has a good nights sleep.

Make sure you and your child get up early enough to

- have breakfast
- get lunch ready
- pack a school bag
- get dressed

Be organised – help your child pack bags and have homework and sports gear ready for the next day.

Be involved with your school – meet with your child's teacher and talk regularly.

- Offer your support and help.
- Read notes from school and reply on time.
- Phone the school if you want information.
- Listen to your child read.
- Show an interest in homework

Missing school leaves gaps in your education

Farmborough Road Public School

TRIVIA NIGHT

29TH OCTOBER
7PM

\$20 PER TICKET

Includes finger food.

Available to purchase at
the office.

PRIZES
TO BE
WON!!

Come along for a great night of Trivia!
Make a table of 8-10 of your friends or we will make up teams!

*Monies raised will be used to pay for our new
playground equipment.*

We are trying to organise a courtesy bus.

TRIVIA NIGHT



Have a go at solving
these Rebus puzzles.

stand
I

M	CE
M	CE
M	CE

Responsibility

Excellence

Respect

COMMUNITY NEWS...

Families at Farmborough
School Community Centre
A Schools as Community Centres Project



Music Group each Wednesday

9.30am-11.00am

A Free Music Group for families and children 0-5 years
Each Wednesday during school terms

Parent Room @ Schools as Community Centre, Farmborough Road
Public School Unanderra.

All welcome to enjoy Music, singing, rhyming & stories.

Please bring morning tea and water for your children.

For more information please contact Allison McKenzie PH: 0448254770



Education & Communities

familiesNSW
supporting families in NSW schools



Devika
Learning

Devika facilitators are current technology and management professionals, who are continuously learning and implementing technology initiatives and sharing their knowledge and experiences with our students.



\$5 OFF Minecraft Workshop



Sign Up at the following link (or scan the QR code) and you will receive information regarding our workshops.
devikalearning.com.au

Coupon Code:

DIAMOND

Expires on Dec. 1st 2016.
One time use only.

Follow Us

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103 Crown Street,
Wollongong NSW 2500

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Unanderra Warrawong

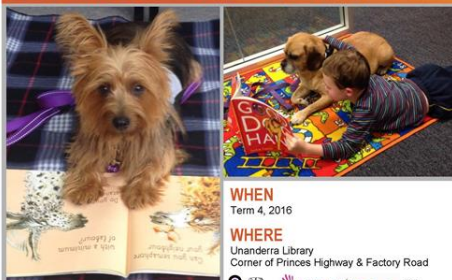
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Did you know that you can make payments to your child's school online?

We have launched a new online payment portal linked to our school's website to make it easier for you to pay for school related payments. This is a secure payment page hosted by Westpac.

AVAILABLE NOW

PAWS 'N' TALES



WHEN
Term 4, 2016

WHERE

Unanderra Library
Corner of Princes Highway & Factory Road

Wollongong City Libraries are proud to host.

PAWS 'N' TALES

Dogs don't make judgements they just listen.

Join us for individual reading sessions with a trained dog that will increase confidence and literacy skills for children. This program runs throughout Term 4 and consists of one-on-one reading sessions with a volunteer and their friendly dog. This free program will encourage children to discover a love of books and reading. Proudly supported by the charity Paws Pet Therapy and sponsored by Illawarra Coal Dendrobium Community Enhancement Program. Suitable for children aged 4-8.

All volunteers are trained, insured, police, vet and WWC checked.

For bookings and more information please contact Unanderra Library on 4271 1217.



WOLLONGONG
CITY LIBRARIES

www.wollongong.nsw.gov.au/library

your library your place

Online Healthy Lifestyle Program for Parents of Preschool-Aged Children



Do you have a child aged 2-5?

Would you like to learn more about healthy eating and physical activity for your child?

In 2016, we are offering parents the opportunity to participate in a 12-week online program about healthy eating, physical activity and sleep.

This is the first program of its kind and places are limited.

We are offering Early Start Discovery Space passes or Coles Myer Gift Cards to compensate you for your time.

Please contact us to see if you are eligible to participate.



UNIVERSITY OF
WOLLONGONG

Find us on
Facebook:
Time2bhealthy

For further information, please contact Megan
on 0403 233 875
or via email mlh965@uowmail.edu.au



What's On at your local high school

Illawarra Sports High

This week our year 12 woodwork students have showcased their major projects and what a phenomenal job they have done. It's wonderful to see the talent and creativity of our students.



COMMUNITY
NEWS

WOLLONGONG TERM 4, 2016

WORKSHOP BOOKINGS: 4227 1122

All workshops are at our Wollongong office (25-27 Auburn Street Wollongong).



Catholic CARE

hope begins with us

*Concessions may apply dependent on financial circumstances.
Limited childcare may be available*

<p>STANDARD MENTAL HEALTH FIRST AID</p> <p>This course teaches adults how to provide initial support to adults who are developing a mental illness or experiencing a mental health crisis.</p> <p>Wednesday & Thursday 26 & 27 October 9:30am - 4:30pm</p> <p>Workshop Fee: \$198 <i>incl manual/lunch both days</i></p>	<p>BRINGING UP GREAT TEENS</p> <p>A workshop for parents of teenagers covering connecting with teens, managing conflict, big issues and psychological challenges.</p> <p>5 Tuesday evenings 6pm - 8pm 11, 18, 25 October 1 & 8 November</p> <p>Workshop Fee: \$15 per session</p>	<p>MY KIDS & ME</p> <p>A program for parents who have had their children removed from their care. It explores grief & loss & the impact on parents & children. Helps participants to develop strengths & build support networks.</p> <p>7 Monday afternoons 1pm - 3:30pm 10, 17, 24, 31 October 7, 14 & 21 November</p> <p>Workshop Fee: \$15 per session</p>	<p>SEEING RED</p> <p>Explores way for parents to deal with feelings of anger within themselves and their children. Participants will learn to recognise their own feelings and needs and those of others, communicate and listen to these feelings and needs, be assertive & express anger in a more constructive way.</p> <p>4 Tuesday mornings 10am - 12:30pm 15, 22, 29 November & 6 December</p> <p>Workshop Fee: \$15 per session</p>
<p>PARENTING CHILDREN WITH A DISABILITY</p> <p>Support and information for issues related to parenting a child with a disability. It explores: Expectations verses reality, dealing with feelings, behavior management strategies, communication skills, self-esteem, teaching children to care for themselves, routine, rules and boundaries and coping strategies. Resources will be made available.</p> <p>4 Monday mornings 10am - 12:30pm 17, 24, 31 October & 7 November</p> <p>Workshop Fee: No fee</p>	<p>ROLLERCOASTER (8-12 years)</p> <p>Assisting children who are experiencing change & loss as a result of family separation. Helps children to understand & develop strategies for anger management & problem solving & understand & feelings & emotions.</p> <p>8 Tuesday afternoons 4pm - 5pm 18, 25 October, 1, 8, 15, 22, 29 November & 6 December</p> <p>Workshop Fee: \$15 per session</p>	<p>123 MAGIC & EMOTION COACHING</p> <p>This time tested program provides parents with easy to use disciplining techniques for their children, without letting emotions get the better of them. Learn to be present & consistent as a parent.</p> <p>3 Monday afternoons 12noon - 2:30pm 28 November 5 & 12 December</p> <p>OR</p> <p>3 Friday mornings 10am - 12:30pm 25 November, 2 & 9 December</p> <p>Workshop Fee: \$15 per session</p>	
<p>KEEPING KIDS IN MIND</p> <p>A post-separation parenting program which helps parents learn how to deal with the emotional & practical issues of parenting after separation. The program helps explore grief & loss & the impact separation has on parents & their children.</p> <p>5 Friday mornings: 10am - 12:30pm 21, 28 October 4, 11 & 18 November</p> <p>OR</p> <p>5 Thursday evenings: 6pm - 8:30pm 10, 17, 24 November 1 & 8 December</p> <p>Workshop Fee: \$20 per session</p>	<p>WOMEN AS MOTHERS*</p> <p>WAM offers a supportive & nurturing environment for new mothers to make new friends whilst sharing parenting experiences, coping strategies & encouraging realistic expectations of themselves & their relationships. Topics include Becoming a mother & the needs of baby, Motherhood myths, Changing Relationships, Self Care and Baby Massage.</p> <p>5 Wednesday mornings 10am - 12noon 2, 9, 16, 23 & 30 November</p> <p>Workshop Fee: \$15 per session <i>* facilitators trained by Karitane</i></p>	<p>CIRCLE OF SECURITY</p> <p>Helping parents understand their child's world by learning to read their emotional needs. Secure children have empathy, greater self esteem, better relationships & increased capacity to handle their emotions. This program is a must for all parents.</p> <p>6 Thursday afternoons 1pm - 3:30pm 3, 10, 17, 24 November 1 & 8 December</p> <p>OR</p> <p>5 Tuesday evenings 6pm - 8:30pm 11, 18, 25 October 1 & 8 November</p> <p>Workshop Fee: \$15 per session</p>	