

# Farmborough Road Public School Newsletter

TERM 3 WEEK 8 2016

PHONE: 4271 1133



## Father's Day Activities



## For Your Calendar

- 7/9 Book Club orders due back!
- 8/9 SaCC Playgroup session – 9:30am.
- 8/9 K-6 Assembly – Matong presenting.
- 22/9 Art Gallery Excursion.



**TUESDAYS**



### **Silver Afternoon Tea...Friday 9th September**

I have handed out the invites. If your child has been invited they are welcome to come in mufti on this day. Only students with an invite can attend. We will be holding an afternoon tea nearly every week this term so no one will miss out.



### **Kinder 2017 & Enrolments...**

We will host several playgroup sessions down in the SaCC rooms for all our new kinders. The sessions are a great way for both children and parents to start to make friends with the people you will see everyday. Invitations were sent out to our new kinders at the end of last term.

We are starting to look ahead to 2017. If you know anyone who is yet to enrol their child for kinder please encourage them to do so as soon as possible. This will ensure they are able to attend our Kinder Orientation Sessions. Also, if you are moving out of the area and changing schools please send a message through to the office. This will enable us to determine class sizes and staffing to ensure a smooth start to 2017.



### **PaTCH Program!**

This program began earlier this term, but it is not too late to come along to the next session. The Parents as Teacher as / Classroom Helpers (PaTCH) course is a training program to accredit volunteers supporting children learning to read, write and use counting in the early years of schooling.

We will be offering this program to all parents who can attend. We will run the program here in the staffroom on a Tuesday morning from 9am till 11am.

The dates are...

#### **Term 3**

Tuesday week 10 - Reading

#### **Term 4**

Tuesday week 1 – Writing

Tuesday week 3 –

Counting/Quantification

Tuesday week 5 – Working mathematically.



Onward  
and  
Upward

Email: [farmborord-p.school@det.nsw.edu.au](mailto:farmborord-p.school@det.nsw.edu.au)  
Website: [www.farmborord-p.schools.nsw.edu.au](http://www.farmborord-p.schools.nsw.edu.au)



## Art Gallery of NSW Archibald Prize

As part of our Visual Arts program in Term 3, students have been studying portraiture. We are excited to offer an excursion to Australia's most famous portraiture competition, The Archibald Prize. We were able to book only 60 tickets to this event. We are offering these tickets to students in Years Three to Six. In class writing time, students were asked to write why they would like to visit the Archibald Prize and the 60 best responses were selected. Permission notes for those students were sent home last week. Please return these to the office. I am looking forward to sharing this special opportunity with our students.

Ms Martin



## ***Head Lice...Is back!!***

We are asking that you please take the time to check your child's hair to ensure that they are nit free. If there are signs of eggs or live lice, please treat it accordingly before sending them back to school.



## ***Book Club...***

Book club brochures were sent home with students last week.

Please return payment and order forms to the office by  
**FRIDAY 7<sup>th</sup> September**

**SCHOLASTIC**  
**Book Club LOOP**  
for Parents

LOOP is the Scholastic Book Club  
Linked Online Ordering & Payment platform for parents.  
To order and pay for Scholastic Book Club by credit card visit:  
[www.scholastic.com.au/LOOP](http://www.scholastic.com.au/LOOP)

GET IT ON  
Google play

Download on the  
App Store

## ***School in Lockout!***



As you are all aware we have a duty of care to ensure that all the students at FRPS are safe. We have a very busy road right in front of our school and we have a little one who doesn't know their boundaries. As a result we need to lock our gates each day from 9:15 till 2:45. If you could please ensure your children are in the school grounds by this time and limit the number of times you need to return to the school during the day we would greatly appreciate it. We will be in Lockout for the remainder of the term.

## ***Birthdays...***

Congratulations to the following students who celebrated their birthday this week!

Samuel 6/9 - Sofie 5/9  
Talia 5/9 - Emily 5/9  
Tyra 4/9 - Tara 7/9 - Alexa 9/9

## **TRIVIA NIGHT**



Can you name the last  
5 USA Presidents?

## ***P & C News***

We hope you all had a wonderful Father's Day and the dads enjoyed the gifts purchased from our stall.

We are excited to announce that the P&C will be holding a

## **TRIVIA NIGHT**

at Mt Kembla Bowling Club on the 29<sup>th</sup> October! Stay tuned for more information over the following weeks.

To get the brain started, watch out for our weekly brain teasers in the newsletter!

Sally Taylor (*P&C President*)

**This week's Assembly is for K-6  
Presented by Matong**

## ***International Competitions and Assessments for Schools (UNSW competitions)***

Students who entered the International Competitions and Assessments for Schools competitions for Science and Writing will receive their certificates at this week's assembly. Parents are welcome to attend the assembly.

## ***Assembly Roster...***



There has been a change in the assembly presentation roster. Giralang will be presenting at the Week 9 assembly and Coolibah will be presenting at the Week 10 assembly.

Regards, Ms Suey



# COMMUNITY NEWS...

Families at Farmborough  
School Community Centre  
A Schools as Community Centres Project



## Music Group each Wednesday

9.30am-11.00am

A Free Music Group for families and children 0-5 years  
Each Wednesday during school terms

Parent Room @ Schools as Community Centre, Farmborough Road  
Public School Unanderra.

All welcome to enjoy Music, singing, rhyming & stories.

Please bring morning tea and water for your children.

For more information please contact Allison McKenzie PH: 0448254770



Education & Communities

familiesNSW  
supporting families to thrive



## What's On at your local high school

### Illawarra Sports High

Tournament of the Minds is an Academic Challenge competition that took place at the University of Wollongong last Sunday. TAPS Students were given a long term challenge that they needed to resolve. They had 5 weeks to work on their challenge and they had to work together as a team to resolve the challenge. They were not allowed any outside help from parents or teachers. Students presented their challenge in a dramatic way to judges and an audience at UOW. On the day students were also given 5 minutes to resolve a spontaneous challenge and 3 minutes to present it. This required out of the box thinking and fantastic team work. Ms Starling and Ms Grant have worked with students over the past term and are very proud of their fantastic effort and dedication. We are looking forward to participating again next year.



## WOLLONGONG CITY JUNIOR SURF CLUB REGISTRATION 2016 / 2017 SEASON

Come and be part of your Local Junior Surf Club.  
Develop your child's surf confidence, knowledge and ability.  
As well as have fun and meet new people!

Boys & girls aged from 5 to 13 (age at 1st October, 2016) are eligible to join.

The Nippers Season runs from mid October 2016 through to March 2017.

We urge you to join early in the season as essential water safety proficiency is undertaken during the first few weeks at Wollongong Continental Pools. Age Group numbers will be capped this season.

## REGISTRATION DAYS - held at Wollongong City Beach Clubhouse

Lower Level, City Beach Function Centre Complex  
Marine Drive Wollongong (South Beach)

**Sunday 11th September 2016 - 10 am to 1 pm** (Existing Member Renewals)

**Sunday 18th September 2016 - 10 am to 1 pm** (New Members to Club Registration)

New child members must provide a photocopy of their Birth Certificate to be kept for club records

All children will be placed in the appropriate Age Group based on date of birth as of 01.10.2016

Swim proficiency for Age Groups, U8's and above will be as prescribed by NSW SLS.  
Pool swim and ocean swim, children not meeting this criteria will not be involved in water activities until able to demonstrate proficiency.

Surf Club is run by unpaid volunteers, help from parents will also be required.

More details can be found on our web site at: [www.wollongongcityslsc.com.au/juniors](http://www.wollongongcityslsc.com.au/juniors)

**WE WELCOME AND LOOK FORWARD TO SEEING YOU THERE!**



I care...  
...because they deserve  
a better future.

Foster carers come from different backgrounds and lifestyles, but they all have a passion for improving the lives of young people.

We are currently seeking foster carers for children and teenagers in the Illawarra/Shoalhaven area.

Interested? Come along to our free Foster Care Info Session.

Date: Wednesday, 21 September

Time: 6.30pm - 8.00pm

Location: Level 1, 21 Auburn Street, Wollongong

For more information:  
Call (02) 4250 5500 or email  
jade.cody@mackillop.org.au

Mackillop  
Family Services

[mackillop.org.au](http://mackillop.org.au)



Devika  
Learning

Devika facilitators are current technology and management professionals, who are continuously learning and implementing technology initiatives and sharing their knowledge and experience with our students.



## \$5 OFF Minecraft Workshop



Sign Up at the following link (or scan the QR code) and you will receive information regarding our workshops.  
[devikalearning.com.au](http://devikalearning.com.au)

Coupon Code:  
**DIAMOND**  
Expires 31st Dec 16 2016  
One time use only

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info@devikalearning.com.au

## Did you know that you can make payments to your child's school online?

We have launched a new online payment portal linked to our school's website to make it easier for you to pay for school related payments. This is a secure payment page hosted by Westpac.

**AVAILABLE NOW**

# Go4Fun

Go4Fun® is a healthy lifestyle program to improve health, fitness, self-esteem and confidence in children. The program is for 7-13 year olds who are above their ideal weight. Sessions run for two hours and include games, activities, tips on healthy food, label reading and portion sizes plus much more!

**A program will be running on Wednesdays in Corrimal during Term 4.**

To book in to a program call 1800 780 900 or visit  
[www.go4fun.com.au](http://www.go4fun.com.au)



# WOLLONGONG TERM 4, 2016

**WORKSHOP BOOKINGS: 4227 1122**

All workshops are at our Wollongong office (25-27 Auburn Street Wollongong).



Catholic CARE

hope begins with us

Concessions may apply dependent on financial circumstances.  
Limited childcare may be available

<p><b>STANDARD MENTAL HEALTH FIRST AID</b></p> <p>This course teaches adults how to provide initial support to adults who are developing a mental illness or experiencing a mental health crisis.</p> <p>Wednesday &amp; Thursday 26 &amp; 27 October 9:30am - 4:30pm</p> <p><b>Workshop Fee: \$198</b> <i>incl manual/lunch both days</i></p>	<p><b>BRINGING UP GREAT TEENS</b></p> <p>A workshop for parents of teenagers covering connecting with teens, managing conflict, big issues and psychological challenges.</p> <p>5 Tuesday evenings 6pm - 8pm 11, 18, 25 October 1 &amp; 8 November</p> <p><b>Workshop Fee: \$15 per session</b></p>	<p><b>MY KIDS &amp; ME</b></p> <p>A program for parents who have had their children removed from their care. It explores grief &amp; loss &amp; the impact on parents &amp; children. Helps participants to develop strengths &amp; build support networks.</p> <p>7 Monday afternoons 1pm - 3:30pm 10, 17, 24, 31 October 7, 14 &amp; 21 November</p> <p><b>Workshop Fee: \$15 per session</b></p>	<p><b>SEEING RED</b></p> <p>Explores way for parents to deal with feelings of anger within themselves and their children. Participants will learn to recognise their own feelings and needs and those of others, communicate and listen to these feelings and needs, be assertive &amp; express anger in a more constructive way.</p> <p>4 Tuesday mornings 10am - 12:30pm 15, 22, 29 November &amp; 6 December</p> <p><b>Workshop Fee: \$15 per session</b></p>
<p><b>PARENTING CHILDREN WITH A DISABILITY</b></p> <p>Support and information for issues related to parenting a child with a disability. It explores: Expectations verses reality, dealing with feelings, behavior management strategies, communication skills, self-esteem, teaching children to care for themselves, routine, rules and boundaries and coping strategies. Resources will be made available.</p> <p>4 Monday mornings 10am - 12:30pm 17, 24, 31 October &amp; 7 November</p> <p><b>Workshop Fee: No fee</b></p>	<p><b>ROLLERCOASTER (8-12 years)</b></p> <p>Assisting children who are experiencing change &amp; loss as a result of family separation. Helps children to understand &amp; develop strategies for anger management &amp; problem solving &amp; understand &amp; feelings &amp; emotions.</p> <p>8 Tuesday afternoons 4pm - 5pm 18, 25 October, 1, 8, 15, 22, 29 November &amp; 6 December</p> <p><b>Workshop Fee: \$15 per session</b></p>	<p><b>123 MAGIC &amp; EMOTION COACHING</b></p> <p>This time tested program provides parents with easy to use disciplining techniques for their children, without letting emotions get the better of them. Learn to be present &amp; consistent as a parent.</p> <p>3 Monday afternoons 12noon - 2:30pm 28 November 5 &amp; 12 December</p> <p>OR</p> <p>3 Friday mornings 10am - 12:30pm 25 November, 2 &amp; 9 December</p> <p><b>Workshop Fee: \$15 per session</b></p>	
<p><b>KEEPING KIDS IN MIND</b></p> <p>A post-separation parenting program which helps parents learn how to deal with the emotional &amp; practical issues of parenting after separation. The program helps explore grief &amp; loss &amp; the impact separation has on parents &amp; their children.</p> <p>5 Friday mornings: 10am - 12:30pm 21, 28 October 4, 11 &amp; 18 November</p> <p>OR</p> <p>5 Thursday evenings: 6pm - 8:30pm 10, 17, 24 November 1 &amp; 8 December</p> <p><b>Workshop Fee: \$20 per session</b></p>	<p><b>WOMEN AS MOTHERS*</b></p> <p>WAM offers a supportive &amp; nurturing environment for new mothers to make new friends whilst sharing parenting experiences, coping strategies &amp; encouraging realistic expectations of themselves &amp; their relationships. Topics include Becoming a mother &amp; the needs of baby, Motherhood myths, Changing Relationships, Self Care and Baby Massage.</p> <p>5 Wednesday mornings 10am - 12noon 2, 9, 16, 23 &amp; 30 November</p> <p><b>Workshop Fee: \$15 per session</b> <i>* facilitators trained by Karitane</i></p>	<p><b>CIRCLE OF SECURITY</b></p> <p>Helping parents understand their child's world by learning to read their emotional needs. Secure children have empathy, greater self esteem, better relationships &amp; increased capacity to handle their emotions. This program is a must for all parents.</p> <p>6 Thursday afternoons 1pm - 3:30pm 3, 10, 17, 24 November 1 &amp; 8 December</p> <p>OR</p> <p>5 Tuesday evenings 6pm - 8:30pm 11, 18, 25 October 1 &amp; 8 November</p> <p><b>Workshop Fee: \$15 per session</b></p>	