

Farmborough Road Public School Newsletter

TERM 3 WEEK 10 2016

PHONE: 4271 1133

TRIVIA NIGHT

29th October

Students at the
Dragon Tag Gala Day



Students return
to school on
Monday
10th October



For Your Calendar

- 22/9 Art Gallery Excursion.
- 23/9 Last day of Term 3 for students & staff.
- 10/10 Students and staff return to school.



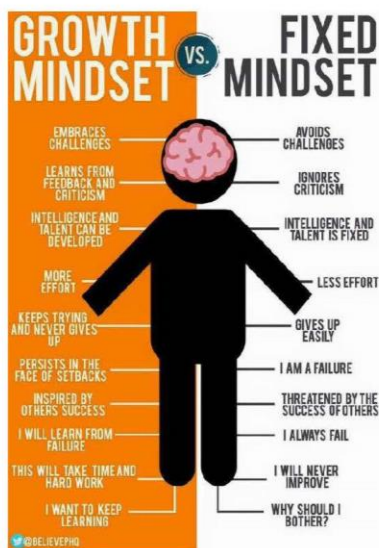
TUESDAYS



Change your Words – Change your Mindset

Growth Mindset vs Fixed Mindset

Research has proven that a student's mindset – how they perceive their abilities – plays a key role in their motivation and achievement. In changing a student's mindset, we can boost their achievement! Have a look at the image below!



In Term 4, you will notice a weekly addition to our newsletter on this topic. Let's develop a growth mindset across our amazing school!

Kinder 2017 & Enrolments...

We are starting to look ahead to 2017. If you know anyone who is yet to enrol their child for kinder please encourage them to do so as soon as possible. This will ensure they are able to attend our Kinder Orientation Sessions. Also, if you are moving out of the area and changing schools please send a message through to the office. This will enable us to determine class sizes and staffing to ensure a smooth start to 2017.

PaTCH Program!

Term 4 Dates... 9am to 11am
Tuesday mornings

Term 4

Tuesday week 1 – Writing
Tuesday week 3 –
Counting/Quantification
Tuesday week 5 – Working
mathematically.



Onward
and
Upward

Email: farmborord-p.school@det.nsw.edu.au
Website: www.farmborord-p.schools.nsw.edu.au



School Photos...



Our school photos will be taken on **Thursday 27th October, 2016**. Photo envelopes will be sent home today. Please read the instructions carefully on how to make payments. You can return payment envelopes with correct money to the office prior to the day of photos.

Swimming Scheme 2016...



It's that time of year again!!! This year's Swimming Scheme will run from 28th November to 9th December. The first offerings are to students in Year 2 who are 8 years old (or are turning 8 in 2016). There are limited spots so in order to secure your child's placement, the permission note AND money must be handed in asap. Permission notes will be sent home with these students today. Stay tuned for further offerings at a later date.

Head Lice...Is back!!

We have had some extreme cases of head lice!! We ask that you please take the time to check your child's hair to ensure that they are nit free. If there are signs of eggs or live lice, please treat it accordingly before sending them back to school.



School in Lockout!



As you are all aware we have a duty of care to ensure that all the students at FRPS are safe. We have a very busy road right in front of our school and we have a little one who doesn't know their boundaries. As a result we need to lock our gates each day from 9:15 till 2:45. If you could please ensure your children are in the school grounds by this time and limit the number of times you need to return to the school during the day we would greatly appreciate it. We will be in Lockout for the remainder of the term.

Awards

Congratulations to the following students who have received a bronze, silver or gold award this term.

BRONZE

Araluen, Hayden, Jaser, Ella, , Chloe H, Niko, Karlia, Samuel, Alex V, Ayesha, Dylan, Chloe C, Logan, Jesse, Daniel, Dylan V, Zane, Joshua, Nihme, Hugh, Alexis, Summer, William

SILVER

Connor, Lisa, Lachlan C, Austin, Jade, Ebony, Janelle, Hannah, Taylor, Adam, Evan, Jayden, Kynan, Clayton, Nicholas, Mikaela, Makayla, Robert, Leila, Paige, Caitlyn, Alexa, Beau

GOLD

Dior, Alexandra, Kaitlyn, Stewart, Brooke, Liam

This week's Assembly is for K-6
Presented by Coolabah

Merit Awards... Term 3 Week 9

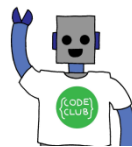
Congratulations to the following students who received merit awards this week:

Yulara - Jade, Alexa
Merinda - Azariah, Joshua
Myaree - Preston, Tyra
Leamurra - Kaitlin, Steven
Giralang - DJ, Thomas
Matong - Lisa, Klayten
Coolangatta - Tarissa, Zane

Coding Club...Term 4

Our Code Club will be continuing in Term 4. Our first session will be in Week 2, Monday 17th October. Our last session will be on 28th November (Week 8).

Regards, Ms Suey



Birthdays...

Congratulations to the following students who celebrated their birthday this week!

Alexandra 20/9 - Kurtis 20/9
Dylan V 18/9 - Nate 18/9
Curtis 23/9

FRPS TRIVIA NIGHT



How many countries in South America contain the letter 'S'?



Getting Ready
for LMBR

Dear Parents and Carers,

Farmborough Road Public School will transition to the new NSW public schools' finance system and a new bank account on **17 October 2016**.

To ensure a smooth transition, there will be changes to the way we accept parent or carer payments.

Direct deposits:

Last payments to be paid by **23 September 2016**.

EFTPOS payments: We will not be able to accept EFTPOS payments between **10 October** and **17 October 2016**.

Cash and cheque payments: We will not be able to accept CASH & CHEQUE payments between **12 October 2016** and **17 October 2016**.

Online payments: We will not be able to accept ONLINE payments between **4:00 pm 23 September 2016** and **16 October 2016**.

Please make sure that all outstanding payments made to the school as soon as possible. Thank you for your patience and understanding as we transition to our new finance system. If you have any questions, please contact office on 4271 1133.



**TRIVIA
NIGHT**

Presented by
Farmborough Road Public School P & C Association

SATURDAY 29TH OCTOBER
7:00PM
Mt Kembla Bowling Club

**\$20**

**Covers entry, finger food,
prizes and more!**
**Create your own team
(8 – 10 people)
or join one of ours.**

Tickets are available at FRPS Office. Phone 4271 1133 for more information
or email frps-events@hotmail.com

All profits raised from this event will fund playground
equipment for our students!

COMMUNITY NEWS...

Families at Farmborough
School Community Centre
A Schools as Community Centres Project



Music Group each Wednesday

9.30am-11.00am

A Free Music Group for families and children 0-5 years
Each Wednesday during school terms

Parent Room @ Schools as Community Centre, Farmborough Road
Public School Unanderra.

All welcome to enjoy Music, singing, rhyming & stories.

Please bring morning tea and water for your children.

For more information please contact Allison McKenzie PH: 0448254770



Education & Communities

familiesNSW
Supporting families to thrive



Devika
Learning

Devika facilitators are current technology and management professionals, who are continuously learning and implementing technology initiatives and sharing their knowledge and experiences with our students.



\$5 OFF Minecraft Workshop



Sign Up at the following link (or scan the QR code) and you will receive information regarding our workshops.
devikalearning.com.au

Coupon Code:

DIAMOND

Expires on Dec 1st 2016
One time use only

Follow Us

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103 Crown Street
Wollongong NSW 2500

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www.devikalearning.com.au
info@devikalearning.com.au

THE LORD MAYOR'S

Picnic in the park

FOR 2017 SCHOOL STARTERS AND THEIR FAMILIES!

FREE entertainment and giveaways for all 2017 school starters. Join in the fun while finding out more about starting school!

Sunday 6 November, 10am-12pm
@ MacCabe Park (southern end)
Cnr Church & Ellen Street, Wollongong

www.transitiontoschool.com.au
f/billybackpack

For more information contact:
Carrie Panozzo on 4283 9943 or
transitiontoschool@bigfishmilk.com.au

Children & Family Services Coordinator,
Wollongong City Council on 4227 7158



PARKER'S SCHOOL HOLIDAY TENNIS CLINICS

WESTS ILLAWARRA UNANDERRA

DATE: Mon 26/9/16 to Wed 28/9/16 (3 days)

TIME: 9.00am – 12.00pm

COST: \$80.00 (Ages 4-14 years)

FARBOROUGH HEIGHTS COMMUNITY TENNIS CLUB

DATE: Thur 29/09/16 and Fri 30/09/16 (2 days)

TIME: 9.00am – 12.00pm

COST: \$60.00 (Ages 4-14 years)

Online Healthy Lifestyle Program for Parents of Preschool-Aged Children



Do you have a child aged 2-5?

Would you like to learn more about healthy eating and physical activity for your child?

In 2016, we are offering parents the opportunity to participate in a 12-week online program about healthy eating, physical activity and sleep.

This is the first program of its kind and places are limited.

We are offering Early Start Discovery Space passes or Coles Myer Gift Cards to compensate you for your time.

Please contact us to see if you are eligible to participate.



UNIVERSITY OF WOLLONGONG

Find us on Facebook: Time2behealthy

For further information, please contact Megan on 0403 233 875 or via email mlh965@uowmail.edu.au

Bookings are Essential

For more information call: Andrew on 0407 029 731

Email: arparker@bigpond.net.au

f www.facebook.com/parkerstennis



What's On at your local high school

Illawarra Sports High

Illawarra Sports High recently invited some enthusiastic students from Farmborough Road Public, Berkeley West Public and Berkeley Public School to experience a day learning about robotics in the library. On hand to teach the students was our IT expert Aaron and Mrs Steele along with some very keen junior and senior students. Not only did students learn about robotics but they also got to have some interactive time with a little robot machine named Edison. Edison entertained the students with its many features like changing directions by sound, avoiding obstacles and even scanning different barcodes on pieces of paper. The children were also able to watch a bowl being printed in 3D. Overall everyone had a great day.





SCHOOL KINDNESS ADVENT CALENDAR

There are so many opportunities in our everyday lives to show kindness and Christmas is a beautiful time to refresh our kindness repertoire. Each day choose something from the calendar below with your family and cross it off. Post your random acts of kindness on social media (#kindnesscalendar) to inspire others to join in.



Kindness impacts our community in profound ways and plants the seeds that will make our world a more positive place for everyone. Helping others increases personal energy, decreases stress and improves feelings of self worth... in short **KINDNESS MATTERS!**



KINDNESSCREW.COM.AU

WOLLONGONG TERM 4, 2016

WORKSHOP BOOKINGS: 4227 1122

All workshops are at our Wollongong office (25-27 Auburn Street Wollongong).



Catholic CARE

hope begins with us

Concessions may apply dependent on financial circumstances.
Limited childcare may be available

<p>STANDARD MENTAL HEALTH FIRST AID</p> <p>This course teaches adults how to provide initial support to adults who are developing a mental illness or experiencing a mental health crisis.</p> <p>Wednesday & Thursday 26 & 27 October 9:30am - 4:30pm</p> <p>Workshop Fee: \$198 <i>incl manual/lunch both days</i></p>	<p>BRINGING UP GREAT TEENS</p> <p>A workshop for parents of teenagers covering connecting with teens, managing conflict, big issues and psychological challenges.</p> <p>5 Tuesday evenings 6pm - 8pm 11, 18, 25 October 1 & 8 November</p> <p>Workshop Fee: \$15 per session</p>	<p>MY KIDS & ME</p> <p>A program for parents who have had their children removed from their care. It explores grief & loss & the impact on parents & children. Helps participants to develop strengths & build support networks.</p> <p>7 Monday afternoons 1pm - 3:30pm 10, 17, 24, 31 October 7, 14 & 21 November</p> <p>Workshop Fee: \$15 per session</p>	<p>SEEING RED</p> <p>Explores way for parents to deal with feelings of anger within themselves and their children. Participants will learn to recognise their own feelings and needs and those of others, communicate and listen to these feelings and needs, be assertive & express anger in a more constructive way.</p> <p>4 Tuesday mornings 10am - 12:30pm 15, 22, 29 November & 6 December</p> <p>Workshop Fee: \$15 per session</p>
<p>PARENTING CHILDREN WITH A DISABILITY</p> <p>Support and information for issues related to parenting a child with a disability. It explores: Expectations verses reality, dealing with feelings, behavior management strategies, communication skills, self-esteem, teaching children to care for themselves, routine, rules and boundaries and coping strategies. Resources will be made available.</p> <p>4 Monday mornings 10am - 12:30pm 17, 24, 31 October & 7 November</p> <p>Workshop Fee: No fee</p>	<p>ROLLERCOASTER (8-12 years)</p> <p>Assisting children who are experiencing change & loss as a result of family separation. Helps children to understand & develop strategies for anger management & problem solving & understand & feelings & emotions.</p> <p>8 Tuesday afternoons 4pm - 5pm 18, 25 October, 1, 8, 15, 22, 29 November & 6 December</p> <p>Workshop Fee: \$15 per session</p>	<p>123 MAGIC & EMOTION COACHING</p> <p>This time tested program provides parents with easy to use disciplining techniques for their children, without letting emotions get the better of them. Learn to be present & consistent as a parent.</p> <p>3 Monday afternoons 12noon - 2:30pm 28 November 5 & 12 December</p> <p>OR</p> <p>3 Friday mornings 10am - 12:30pm 25 November, 2 & 9 December</p> <p>Workshop Fee: \$15 per session</p>	
<p>KEEPING KIDS IN MIND</p> <p>A post-separation parenting program which helps parents learn how to deal with the emotional & practical issues of parenting after separation. The program helps explore grief & loss & the impact separation has on parents & their children.</p> <p>5 Friday mornings: 10am - 12:30pm 21, 28 October 4, 11 & 18 November</p> <p>OR</p> <p>5 Thursday evenings: 6pm - 8:30pm 10, 17, 24 November 1 & 8 December</p> <p>Workshop Fee: \$20 per session</p>	<p>WOMEN AS MOTHERS*</p> <p>WAM offers a supportive & nurturing environment for new mothers to make new friends whilst sharing parenting experiences, coping strategies & encouraging realistic expectations of themselves & their relationships. Topics include Becoming a mother & the needs of baby, Motherhood myths, Changing Relationships, Self Care and Baby Massage.</p> <p>5 Wednesday mornings 10am - 12noon 2, 9, 16, 23 & 30 November</p> <p>Workshop Fee: \$15 per session <i>* facilitators trained by Karitane</i></p>	<p>CIRCLE OF SECURITY</p> <p>Helping parents understand their child's world by learning to read their emotional needs. Secure children have empathy, greater self esteem, better relationships & increased capacity to handle their emotions. This program is a must for all parents.</p> <p>6 Thursday afternoons 1pm - 3:30pm 3, 10, 17, 24 November 1 & 8 December</p> <p>OR</p> <p>5 Tuesday evenings 6pm - 8:30pm 11, 18, 25 October 1 & 8 November</p> <p>Workshop Fee: \$15 per session</p>	