

# FARMBOROUGH ROAD PUBLIC SCHOOL

## CANTEEN MENU 2022

Monday and Friday (Term 1 & 4 - Open for Lunch One & Two | Term 2 & 3 - Open for Lunch One Only)



### SALADS

Garden Salad (Lettuce, Tomato, Cucumber, Carrot and Beetroot)	[E]	\$	3.00
Extra Egg, Ham or Tuna	[E]	\$	1.00 each
Extra Cheese	[E]	\$	0.50

### SANDWICHES and WRAPS

(All wholemeal)

Vegemite	[E]	\$	1.20
Cheese	[E]	\$	1.50
Ham	[E]	\$	2.00
Ham, Cheese and Tomato	[E]	\$	2.50
Egg	[E]	\$	2.50
Egg, Lettuce and Mayo	[E]	\$	3.00
Curried Egg	[E]	\$	2.50
Tuna, Lettuce and Mayo	[E]	\$	3.00
Salad	[E]	\$	2.50
Extra Egg, Ham or Tuna	[E]	\$	1.00 each
Extra Cheese	[E]	\$	0.50

### EXTRAS

Sauce Sachets	[E]	\$	0.30
Cheese	[E]	\$	0.50
Any Salad Items	[E]	\$	0.20 each

### HOT FOOD

Mrs Mac's Meat Pie	[O]	\$	3.50
Mrs Mac's Sausage Roll	[O]	\$	3.50
Chicken Burger with Lettuce and Mayo	[E]	\$	4.00
Chicken Burger with Salad	[E]	\$	4.50
Chicken wrap with Lettuce & Mayo	[E]	\$	3.50
Chicken wrap with Salad	[E]	\$	4.00
Ham and Cheese Pockets (Toasted)	[E]	\$	1.70
English Muffin Pizza (Ham and Cheese)	[E]	\$	2.00
English Muffin Pizza (Ham, Cheese & Pineapple)	[E]	\$	2.20
Ham, Cheese and Tomato Toastie	[E]	\$	2.50
Plain Fried Rice (Ham, Egg, mixed veg)	[E]	\$	3.00
Yummie Drummies (Limit of 1 per order)	[O]	\$	1.20
Mac and Cheese	[E]	\$	3.50
Spaghetti Bolognese	[E]	\$	3.50
Lasagne	[E]	\$	3.50
Corn on the cob	[E]	\$	0.50
Cheese garlic bread	[E]	\$	0.60

### SNACKS

Seasonal Fruit (Currently apples and Oranges)	[E]	\$	1.00 each
Grainwaves (Sour Cream & Chives)	[O]	\$	1.50
Red Rock Deli Chips (Plain)	[O]	\$	1.50
PopCorn (Lightly Salted)	[O]	\$	1.00
Sultanas	[E]	\$	0.50
Hummus and Crackers	[E]	\$	3.00

### DRINKS

Water (350ml)	[E]	\$	0.50
Water (600ml)	[E]	\$	1.00
Fruit Juice Popper (Apple, Orange, Tropical)	[E]	\$	1.50
Plain Milk	[E]	\$	1.50
Sippah Straw	[E]	\$	0.50
Soy Milk Popper	[E]	\$	2.00
Oak Flavoured Milk (Choc, Strawberry)	[E]	\$	2.50
Milkshake (Choc, Straw, Banana, Caramel, Vanilla)	[E]	\$	3.00
Chill J (Raspberry, Grape, Watermelon, Orange/Passion, Lemonade)	[E]	\$	1.70

### FROZEN SNACKS

Slushie	[E]	\$	1.50
Juice Cup (Orange and Apple/Blackcurrant)	[E]	\$	0.80
Ice Mony (Choc, Sour Blue Raspberry, Sour Berry, Lemon)	[E]	\$	0.80
Vanilla Ice Cream Cup	[O]	\$	1.50
Moosie (Chocolate Frozen Milk)	[O]	\$	1.20
Frozen Watermelon Triangles/Pieces	[E]	\$	0.20
Frozen Grapes	[E]	\$	0.20
Frozen Pineapple Rings	[E]	\$	0.20
Frozen Yoghurt	[E]	\$	0.50

[E] = EVERYDAY FOOD | [O] = OCCASIONAL FOOD