

Dear Parents and Carers,

As we are nearing the time to go away on camp, we have outlined the finer details for you, to assist your child in preparing and packing. Please ensure you supervise your child while they pack, if prohibited items are found – parents will be contacted to collect their child.

Wednesday 4th May- Friday 6th May.

Arrival and Departure Times:

Departing school: Wednesday 4th May - 7.30am

Arriving at school: Friday 6th May – 5.30pm (approx. time only)

Please arrive at school no later than 7.00am on Wednesday 4th May. We will be begin boarding the bus from 7:00am and will be departing school at 7:30am sharp. On arrival, students should give their luggage to the bus driver then make their way to the teachers to have their name checked off.

We will be returning from camp at approximately 5.30pm on Friday 6th May. Teachers will post expected arrival times on the School Stream app and Facebook page. Please arrive early and wait at the front of the school so we can ensure your child is returned to you in a safe and orderly manner. Please notify the school if someone other than a parent or guardian is taking your child home. All children and parents must present to the teacher before you leave.

Medical Note

Please ensure the medical note has been returned to school before Thursday 7th April. If any of the information on the medical note changes before the excursion commences, please inform the school by letter or by filling in another form.

Students Bringing Medication

If your child takes medication during or outside school hours, you need to contact the office by Friday 29th April to develop a medication plan prior to leaving for camp. Please include all medication that your child needs for the trip. Teachers cannot give students any medication without written notification from the parent. This includes headache medication such as Panadol. Therefore, it is better to supply some for your child if you think it may be needed.

Ideally, all medication for your child should be in a Webster pack that can be prepared by a pharmacist. If this can not be done it must be in the original packaging and have the child's name, dosage times and timetable clearly marked, with medication in a plastic zip bag. Only medication in the child's name will be administered.

If possible, medications must be supplied to the Office by Tuesday 3rd May. **No medication should be in your child's bag.**

Travel Sickness

If your child suffers with travel sickness can you please let staff know and give them medication half an hour before departure and supply more medication for the journey home. The medication for the return trip must be given to the Office by Tuesday 3rd May. Also, please encourage your child to sit at the front of the bus if they do suffer from travel sickness.

Emergency Contact Numbers

For emergencies during school hours, you may contact the school office on (02) 42711133. A staff member will then contact one of the supervising teachers on their mobile phone.

For emergencies outside of school hours, please contact the accommodation at The Capital Airport Motel – 02 61280300 and ask to speak to one of the supervising teachers.

No Mobile Phones or Devices are to be used during the camp. Should any student need to contact a parent/carer during the camp they will need to talk to teaching staff to arrange the phone call.

Accidents or Seriously III Children

In case of your child having an accident or becoming seriously ill, an ambulance will be called and parents will be notified. Students are covered by the Ambulance Cover Policy for NSW Government school students.

Asthma and Anaphylaxis

If your child suffers from asthma or anaphylaxis, they should have an asthma management plan or anaphylaxis action plan which has been prepared by their doctor. If your child has a plan, please provide it to the school at least three weeks prior to attending camp.

Children with asthma need to bring their own inhaler and spacer with them at all times. Children at risk of anaphylaxis need to bring at least one adrenaline auto injector.

Bed Wetting

If your child is prone to bed wetting, please advise the school or Centre staff in advance so staff can deal with the situation in a discreet and caring manner.

Accommodation

Students stay in comfortable rooms or lodges with male and female students accommodated separately. At least one visiting teacher will stay in a room nearby and will be responsible for student safety and behaviour. All linens and pillows are provided by the accommodation.

Meals

If your child has any special dietary requirements or food allergies, it is crucial that these are listed on the Medical and Consent form. It is also a good idea to mention it to your child's teacher before camp.

Students Who Misbehave

It is expected that students will be on their best behaviour at all times. If a child seriously misbehaves, parents will be contacted and asked to come and collect them. In the event of this happening, monies will not be refunded.

Travel Entertainment

On the bus students may be watching G and/or PG rated movies during our journey. Please contact your child's teacher if this is an issue.



Farmborough Road Public School

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Wednesday 4th May 2022

7.00am Coach & students to arrive at school

7.30am Coach to depart school

11.30am Arrive – Australian War Memorial –morning tea (must provide own)

12.15pm Australian War Memorial — 45 min

1.30pm Lunch (must provide own)

2.30pm Royal Australian Mint - guided tour

3.30pm Depart for Australian Institute of Sport

4.00pm Australian Institute of Sport - 'Sportex'

5.00pm Depart for accommodation

Tba DinnerNight in - Teacher organised activities

Thursday 5th May 2022

Tba Breakfast / Collect lunch packs

8.15am Depart for Parliament House

9.00am Parliament House

11.30am Lunch (packs provided)

12.30pm Depart for National Museum of Australia

2.00pm Depart for Questacon

4.30pm Depart for accommodation

Tba Dinner

6.15pm Depart for Mt Stromlo Observatory

7.30pm Mt Stromlo Observatory

9.30pm Return to accommodation

Friday 6th May 2022

Tba Breakfast / Collect lunch packs

8.15am Depart for Mt Ainslie Look Out

9.00am Mt Ainslie Look Out / View parliamentary triangle

9.30am Depart for Old Parliament House

10.00am Electoral Education Centre

11.30am Lunch (packs provided)

12.30pm Museum of Australian Democracy

1.30pm Depart for home via Embassy & Lodge Tour

5.30pm Approx. arrival time at school



Stage 3 Camp - What to Bring Checklist

Farmborough Road Public School

Below is a list of items that your child is required to pack to ensure they are adequately prepared.

PLEASE CLEARLY LABEL ALL BELONGINGS.
It is a good idea for students to pack their own bags so that they can re-pack for the trip home.
☐ Backpack for day trips
☐ Morning tea and lunch for Wednesday
□ Refillable water bottle
☐ Raincoat (regardless of forecast)
□ Hat
□ Sunscreen
□ Pyjamas
☐ Toiletries (including toothbrush, toothpaste, soap, roll-on deodorant)
☐ 2 pairs enclosed shoes (in case of breakage or wet weather)
$\hfill\Box$ Clothes for 3 days (no singlets or midriff tops) with a few spares in case of accidents.
☐ Underwear for 3 days with spares in case of accidents.
□ Socks for 3 days
☐ Warm clothes for evenings
□ A jumper
□ Bath towel
☐ Plastic bag for dirty clothes
☐ A book to read/a notebook to write or draw in/quiet card game

ITEMS NOT TO BRING

Food items (other than morning tea and lunch for the first day), mobile phones, electronic games/devices, portable music players, jewellery and any other valuables.

Teachers will all have their mobile phones and will contact parents/caregivers in case of an emergency.